

Tips for your journey to find a living kidney donor

If your transplant team recommends pursuing living donation, use these tips on your journey to find a living donor.

For any questions, always feel free to contact your nurse coordinator.

Find support

It can be tough to talk about your need for living donation. Find a friend, family member, or other support system on your journey.



Write your story

The first step in getting your story out is to write it! You can also get creative and record a video that can be shared.

Talk to your coordinator about the

Live Donor Champion program or the Donor App to help.



Share your story

If you are comfortable using social media, share your story on Facebook, Twitter, and/or Instagram

On Facebook, make your post public, if you like, to reach a wider audience.

On Instagram and Twitter, take advantage of tagging people / organizations and using hashtags.



Some helpful accounts and hashtags are:
@hopkinsmedicine
@donatelifeamerica
@donor.app
#livingdonor
#organdonation

Identify your resources

If you are comfortable using social media, find related Facebook Groups, Twitter accounts, and Instagram accounts to find other patients or previous patients.

Social media can be a great way to expand your support network and get more information!



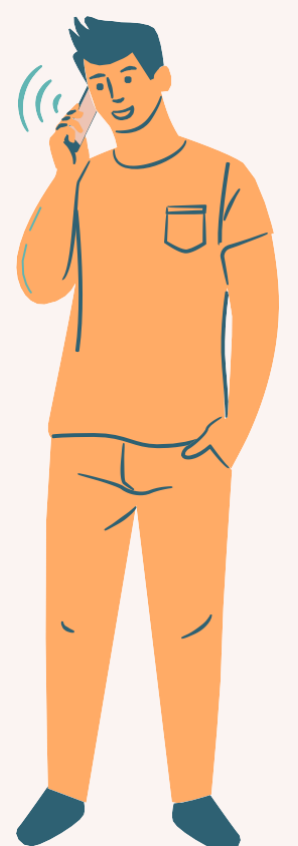
Prepare for FAQs

Donors cannot be paid for donating an organ

All medical expenses are covered by the patient's insurance

If donors contact the transplant center, it is 100% confidential.

Let the transplant team determine if someone is a suitable donor



Direct potential donors

Those interested in learning more can call the JHH Kidney Transplant Office at 410-614-9345 or fill out a confidential questionnaire on the JHH Kidney Transplant website.

