



Schizophrenia is a severe mental illness that affects more than 2 million people in the U.S. each year. It interferes with a person's ability to think clearly, manage emotions, make decisions and relate to others.

Symptoms may include:

- Delusions or belief in things that are not real or true
- Hallucinations
- Inability to generate a logical sequence of ideas
- Inability to manage or express emotions
- Inability to start and follow through with activities
- Lack of pleasure or interest in life
- Trouble with memory, prioritizing tasks and organizing thoughts



Outpatient Schizophrenia Services

Community Psychiatry Program
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Schizophrenia is an illness of the brain. While there is no cure yet, patients can take control of their well-being with ongoing treatment and care.

Outpatient Schizophrenia Services at Johns Hopkins Bayview offers treatment in a number of settings to those who are at risk for or who have been diagnosed with a schizophrenia spectrum disorder. The primary goal of treatment is to reduce the disabling effects of schizophrenia and allow people to live happy, healthy lives.

Specialty Clinics and Programs

Early Psychosis Intervention Clinic (EPIC)

For adolescents and young adults, ages 12-22

EPIC provides ongoing care to individuals who are currently experiencing a psychotic episode or who have received a diagnosis of a schizophrenia spectrum disorder within the last two years. Providers offer a number of services and treatment plans to help patients and their families manage their illness.

EPIC Consultation Clinic

For adolescents and young adults, ages 14-24

The EPIC Consultation Clinic offers a one-time consultation to individuals who would like a second opinion about diagnosis, medication and treatment for schizophrenia, schizoaffective or psychotic disorder. The appointment includes a review of psychiatric medical records and a four-hour interview with a licensed therapist and psychiatrist. Recommendations are

provided to the patient within one to two weeks of the initial consult.

Early Psychosis Intervention Clinic/Maryland Early Intervention Program (EPIC/MEIP)

For adolescents and young adults, ages 13-30

Established through a grant with the state of Maryland, EPIC/MEIP provides services in the Recovery After an Initial Schizophrenia Episode (RAISE) model. The coordinated specialty care team consists of a primary therapist, mental health recovery coach, employment/educational support specialist and a psychiatrist.

Patients must meet eligibility criteria to be admitted to EPIC/MEIP. Once admitted, they receive intensive services both at the hospital and in the community for two years. Space is limited to 25 patients.

Adult Schizophrenia Clinic

For adults, ages 18 and older

The Adult Schizophrenia Clinic treats adults who have been diagnosed with schizophrenia or schizoaffective disorder. Psychiatrists, therapists and social workers provide medication management, individual and family counseling, and case management. The team also works closely with the Johns Hopkins Bayview Psychiatric Rehabilitation Program (PRP) and the Johns Hopkins schizophrenia inpatient and day hospital units.

Clozapine Clinic

For adults, ages 18 and older

The Clozapine Clinic provides mental health services to adults who are currently taking clozapine or who want to start clozapine treatment. Clozapine is used to treat patients whose schizophrenia symptoms have not been helped by other medications.

Clinic providers specialize in all aspects of treatment, including identifying and treating potential side effects, and initiating clozapine in the outpatient setting, which

can result in fewer hospitalizations.

Patients on clozapine therapy must enroll in a registry and receive regular blood work, which is facilitated by Clozapine Clinic staff.



Services

Services offered in the clinics include, but are not limited to:

- Psychiatric evaluation and treatment
- Individual, group and family therapy
- Medication management
- Case management
- Educational support

Patients also may be referred to:

- On-site Psychosocial Rehabilitation Program
- Employment, housing and educational services
- Schizophrenia inpatient and day hospital services
- Neuropsychological testing

Referrals

Referrals may be made by other mental health facilities, community agencies, concerned family members or by the person who needs help.

Insurance Information

The programs accept medical assistance, Medicare and some private insurances.

For more information about Outpatient Schizophrenia Services or to schedule an appointment, call 410-550-0104.