



Johns Hopkins Bayview Medical Center

Mood Disorders Clinic

Community Psychiatry Program



JOHNS HOPKINS
MEDICINE

Mood Disorders Clinic

Community Psychiatry Program

5500 E. Lombard St., Baltimore, MD 21224

Phone: 410-550-0104 • Fax: 410-550-1748



JOHNS HOPKINS
MEDICINE



The term “mood disorder” is used to broadly describe all types of depression and bipolar disorders. Anyone can feel sad or depressed at times. However, symptoms of mood

disorders are more intense and harder to manage than normal feelings of sadness.

The Mood Disorders Clinic provides mental health services to adults ages 18 and older who are struggling with depression or bipolar illness and have not seen results from standard treatment.

Symptoms

Symptoms are different for each person. The most common symptoms include:

- Feelings of anger or irritability
- Appetite and sleep disturbance
- Crying, sadness or feeling “empty”
- Feelings of guilt, shame or hopelessness
- Loss of interest, joy or pleasure in things you used to enjoy, including sex
- Repeated thoughts of death or suicide
- Decreased energy and concentration
- Manic symptoms (increased energy, fast or pressured speech, extreme sleeplessness, risky behaviors and hallucinations and delusions)



Services

Our multidisciplinary team of physicians, licensed mental health therapists and research coordinators offer:

- Psychiatric evaluation
- Individual psychotherapy
- Group psychotherapy
- Family therapy
- Medication management
- Research opportunities
- Access to after hours and weekend on-call crisis services

Insurance

Medical Assistance, Medicare and some private insurances are accepted. Insurance coverage is verified before your first appointment.

For more information or to schedule an appointment, call 410-550-0104.