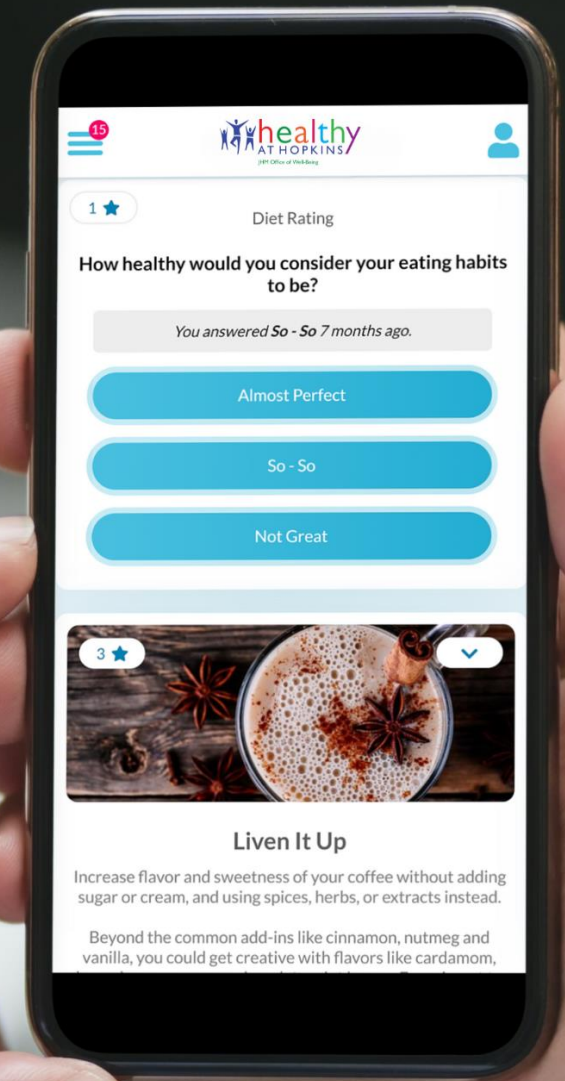
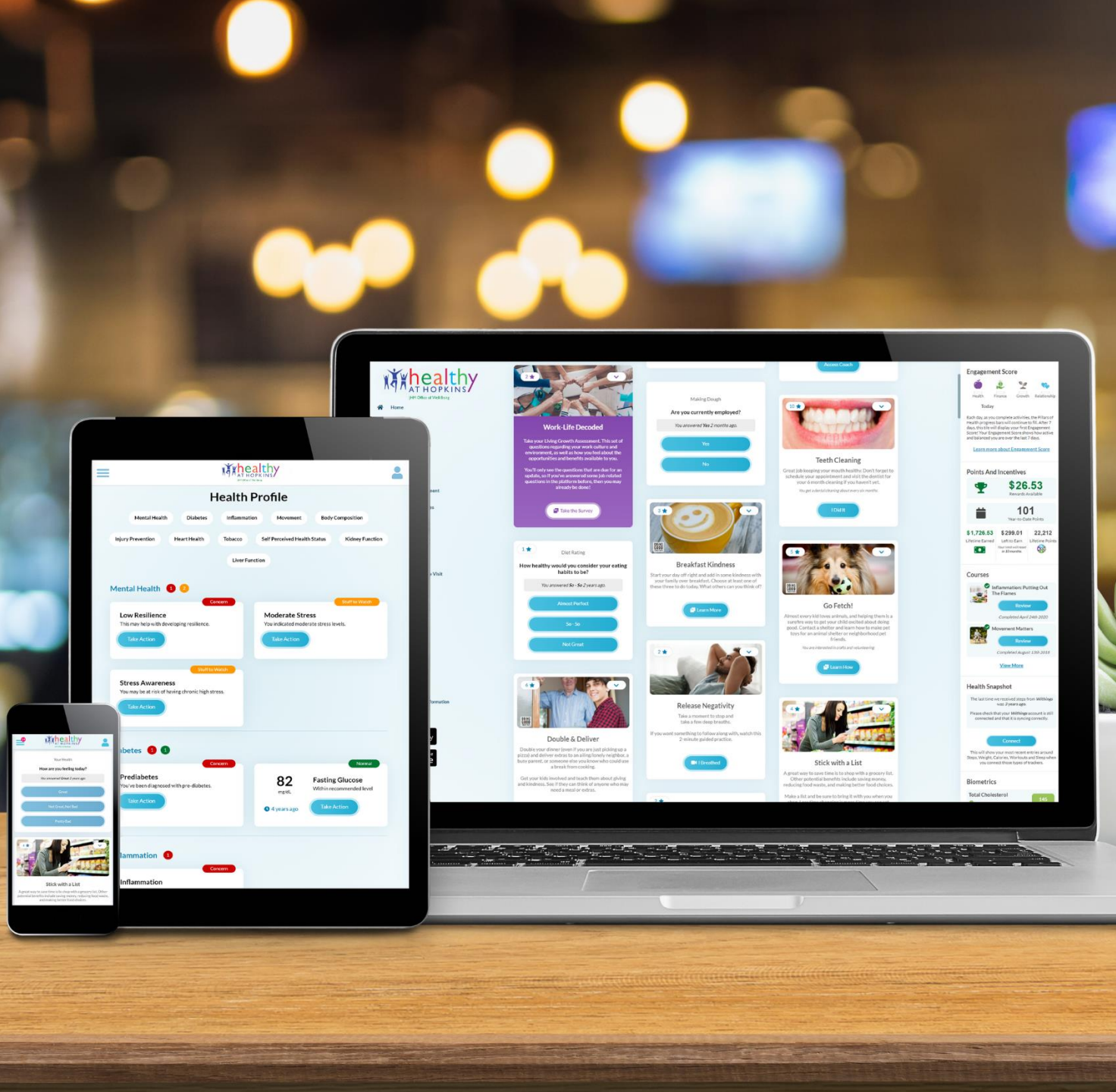


## Healthy at Hopkins Portal and App Registration Instructions





# Welcome to your enhanced Healthy at Hopkins portal!

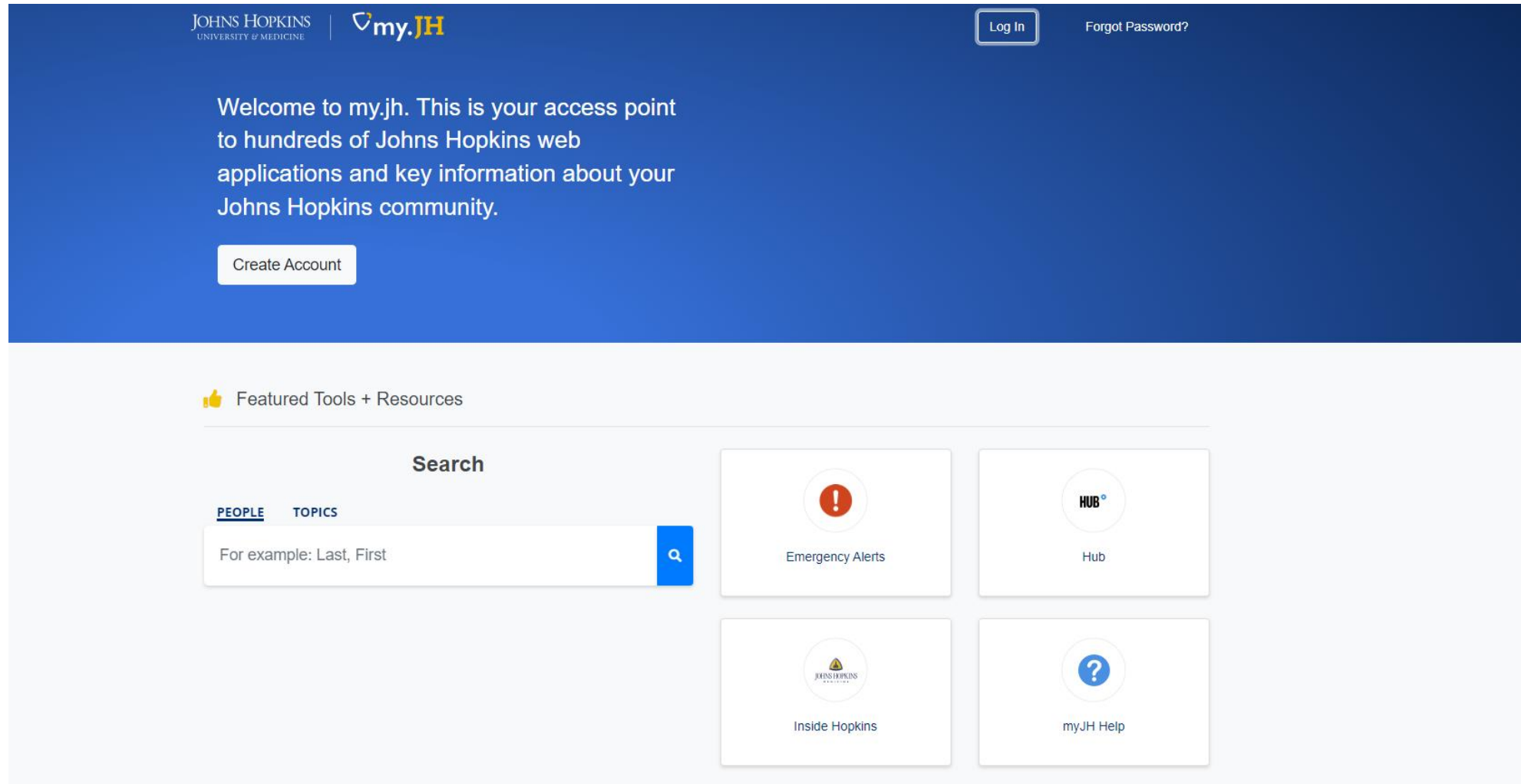
Created specially for Healthy at Hopkins, the portal will help you assess your personal health and wellness goals, create a plan to reach them, and the opportunity to connect with your colleagues who can provide encouragement along the way.



**Follow the steps to verify your account!**

Verify your account on the Healthy at Hopkins Portal

## Step 1: Visit [my.jh.edu](https://my.jh.edu)



The screenshot shows the homepage of the my.jh.edu portal. At the top left, there are logos for Johns Hopkins University & Medicine and my.JH. To the right, there are links for "Log In" and "Forgot Password?". The main content area has a blue background with a white text box that reads: "Welcome to my.jh. This is your access point to hundreds of Johns Hopkins web applications and key information about your Johns Hopkins community." Below this text is a white button labeled "Create Account".

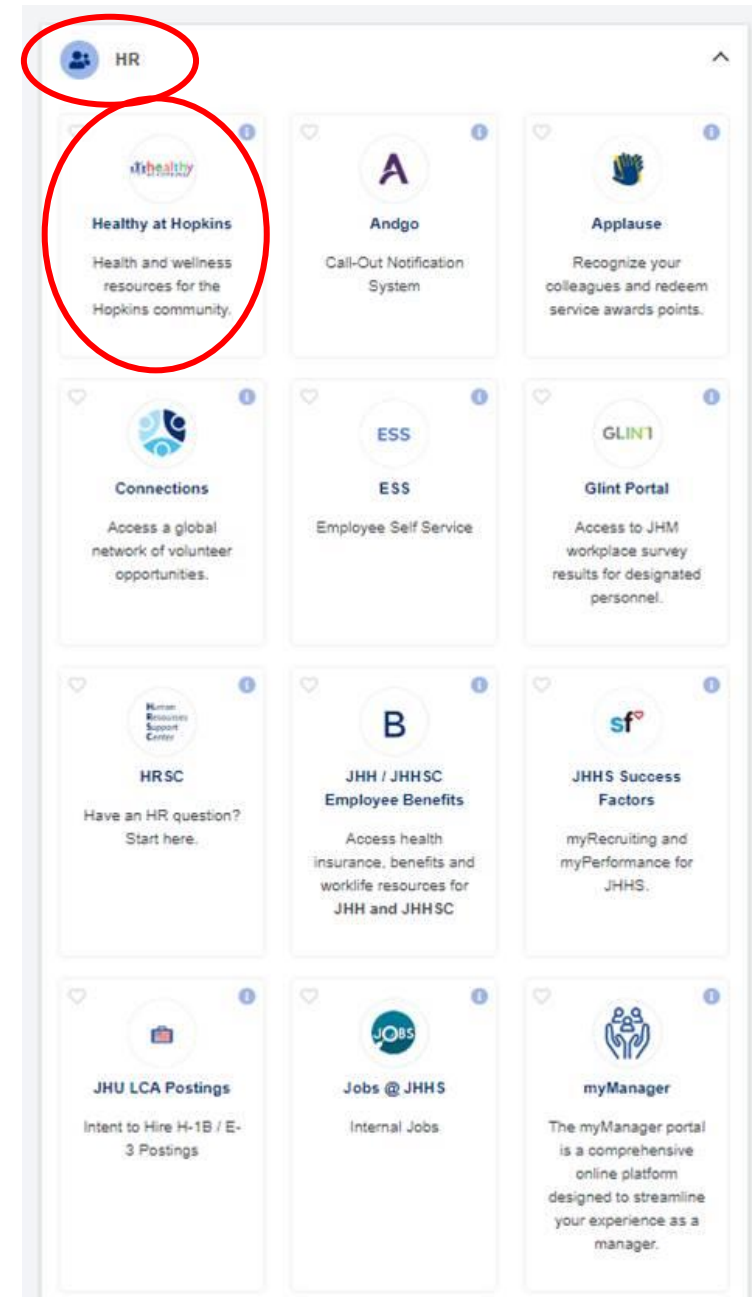
Below the blue header, there is a section titled "Featured Tools + Resources" with a thumbs-up icon. This section contains a search bar and four resource tiles:

- Search:** A search bar with the text "For example: Last, First" and a magnifying glass icon. Above the search bar are the words "PEOPLE" and "TOPICS".
- Emergency Alerts:** A tile with a red exclamation mark icon and the text "Emergency Alerts".
- Hub:** A tile with a blue "HUB" icon and the text "Hub".
- Inside Hopkins:** A tile with the Johns Hopkins logo and the text "Inside Hopkins".
- myJH Help:** A tile with a blue question mark icon and the text "myJH Help".

Verify your account on the Healthy at Hopkins Portal

**Step 2:** Once logged in, click on the HR tile

**Step 3:** Click on Healthy at Hopkins

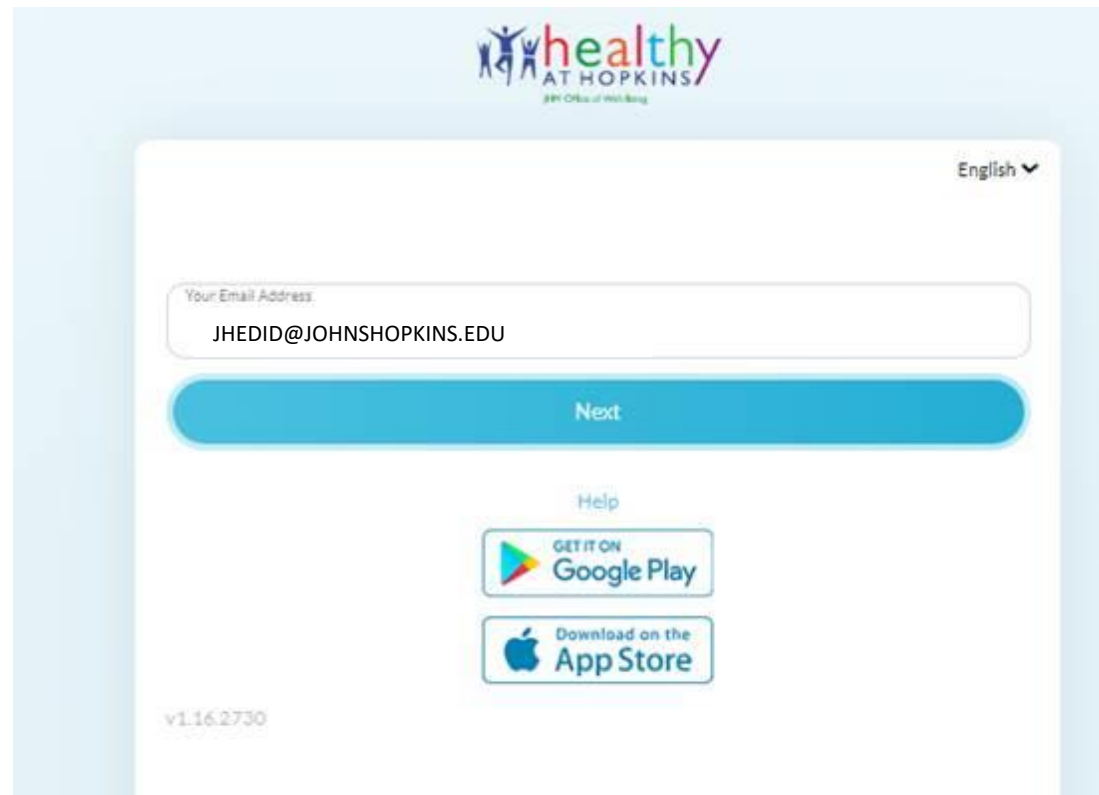


*Verify your account on the Healthy at Hopkins Portal*

**Step 4:** You will be redirected to the enhanced Healthy at Hopkins portal login page

**Step 5:** Type your Johns Hopkins email and click “Next”.

*Note: You must enter your email address as JHEDID@JOHNSHOPKINS.EDU (jh, jhmi, or jhu addresses will not work).*



The screenshot shows the login page for the Healthy at Hopkins portal. At the top center is the logo for "healthy AT HOPKINS" with the tagline "get On to Well-Being". In the top right corner, there is a language selection dropdown menu set to "English". Below the logo is a text input field labeled "Your Email Address:" containing the email address "JHEDID@JOHNSHOPKINS.EDU". A large blue button labeled "Next" is positioned below the input field. Underneath the "Next" button is a "Help" link. At the bottom of the page, there are two buttons for downloading the app: "GET IT ON Google Play" and "Download on the App Store". The version number "v1.16.2730" is displayed in the bottom left corner.

Verify your account on the Healthy at Hopkins Portal

## Step 6: Accept the Terms of Service and HIPAA Notice of Privacy Practices

The screenshot shows the 'Terms of Service' page. At the top, the 'healthy AT HOPKINS' logo is visible, with 'part of the Office of Well-Being' underneath. Below the logo, there are two tabs: 'Terms of Service' (which is selected) and 'HIPAA Notice of Privacy Practices'. The main heading is 'TERMS OF SERVICE'. Below this, it says 'Updated: August 5, 2022'. The text explains that these terms govern access to various services like mobile apps, web portals, and wellness programs. It defines 'you' as a 'Ramp Health User' and 'Ramp Health Partner'. At the bottom, there is a large blue 'Accept' button, and links for 'Privacy Policy' and 'Help'.

The screenshot shows the 'HIPAA Notice of Privacy Practices' page. It features the same 'healthy AT HOPKINS' logo and 'part of the Office of Well-Being' text at the top. The tabs 'Terms of Service' and 'HIPAA Notice of Privacy Practices' are present, with the latter being selected. The main heading is 'HIPAA Notice of Privacy Practices'. A blue box contains a summary: 'This notice explains how your personal health information in all formats may be used and shared, and how you can access it. It applies to Ramp Health, and its employees. We follow HIPAA guidelines to protect your health information in all formats, (e.g., digital, print or oral communication) and we may update this notice as needed. If you want more information or have any questions, you can contact our HIPAA Privacy Officer at the address provided. Please review the policy carefully.' Below this, it states the 'Effective Date: January 1, 2018'. The text describes how medical information may be used and disclosed, and how users can get access to this information. It also mentions that the terms apply to Wellness Coaches USA, LLC, and that the organization follows HIPAA to maintain patient privacy. At the bottom, there is a large blue 'Accept' button, and links for 'Privacy Policy' and 'Help'.



## **Next, download the app.**

**Note:** You will no longer use the Virgin Pulse app to access the Healthy at Hopkins portal. You have to download the Ramp Health app.



*Download the app*

**Step 1:** Download the app in the [App Store](#) or [Google Play](#).



**Ramp Health** 12+

Benovate

Designed for iPad

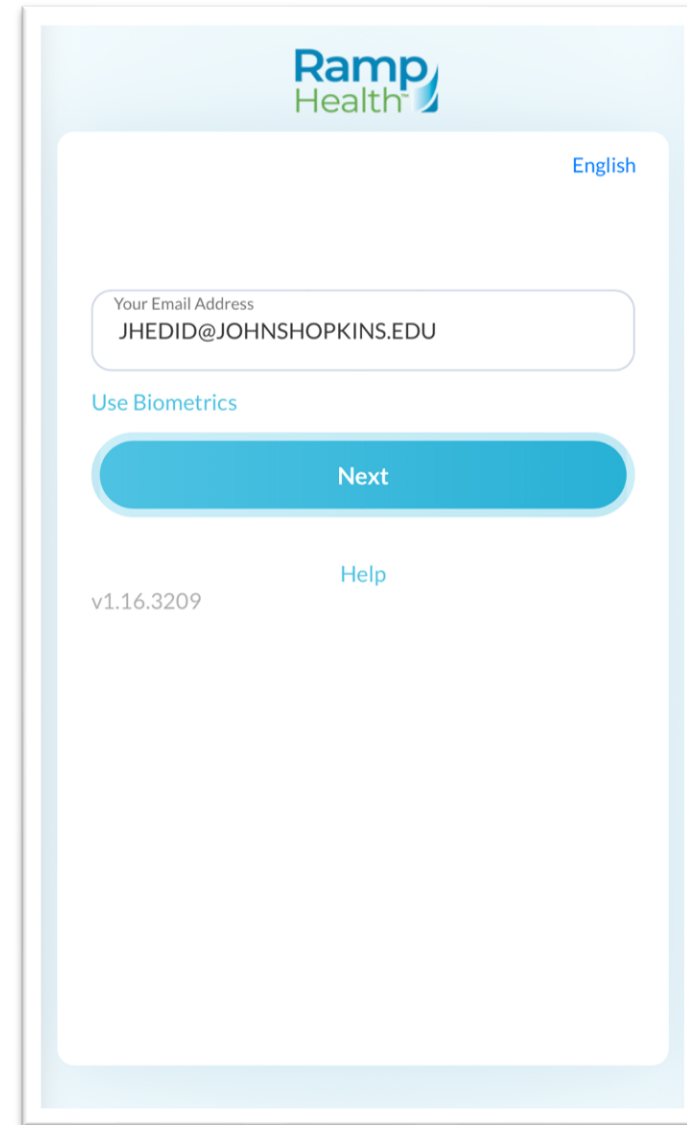
★★★★★ 4.3 • 8 Ratings

Free

*Download the app*

**Step 2:** Type your Johns Hopkins email and click “Next”.

*Note: You must enter your email address as JHEDID@JOHNSHOPKINS.EDU (jh, jhmi, or jhu addresses will not work).*

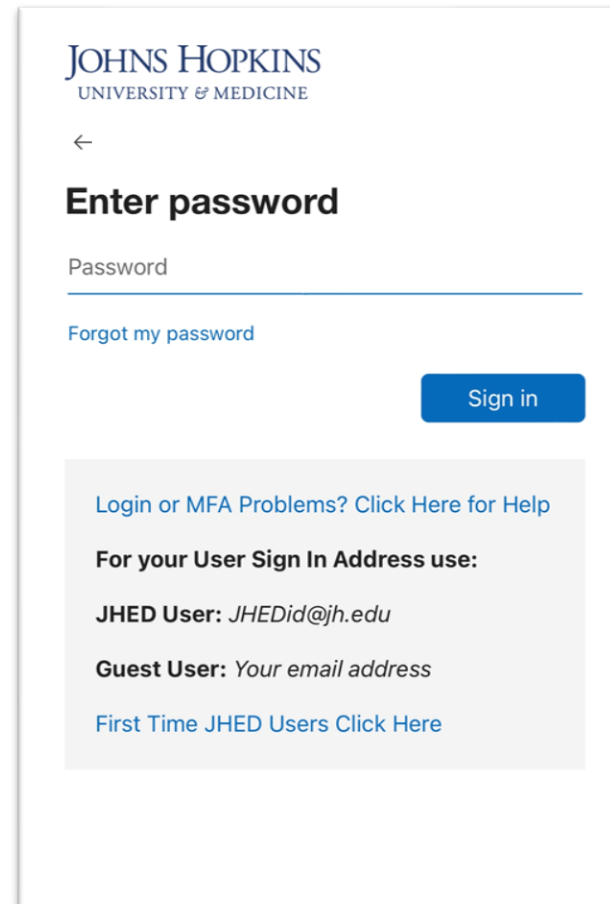


The screenshot shows the Ramp Health app interface. At the top right is the Ramp Health logo. Below it, the word "English" is displayed. A text input field is labeled "Your Email Address" and contains the text "JHEDID@JOHNSHOPKINS.EDU". Below the input field is a blue button labeled "Next". At the bottom left, the version number "v1.16.3209" is shown, and at the bottom right, there is a "Help" link.

*Download the app*

**Step 3:** Enter your password.  
This is the same password that  
is used for signing into your  
Johns Hopkins computer or  
workstation.

Once your password is  
entered, you will be brought  
into the app.



JOHNS HOPKINS  
UNIVERSITY & MEDICINE

←

**Enter password**

Password

[Forgot my password](#)

[Sign in](#)

[Login or MFA Problems? Click Here for Help](#)

**For your User Sign In Address use:**

**JHED User:** *JHEDid@jh.edu*

**Guest User:** *Your email address*

[First Time JHED Users Click Here](#)



**Finally, connect to compatible health apps.**

Connect to compatible health apps

**Step 1:** Log into the Healthy at Hopkins portal.

**Step 2:** Click on “Profile”.

**Step 3:** All compatible devices are listed under the “My Trackers” section.

**Note:** You will need to use the app to sync activity from Apple Health or Google Fit

The screenshot displays the Healthy at Hopkins portal interface. On the left is a navigation menu with the following items: Home, Health Profile, Profile (circled in red), Card Priorities, Johns Hopkins Feed, Courses, Calendar, Missions, Benefits, Have a Question?, and Logout. The main content area is divided into three sections. The top section is titled 'MEMBER INFO' and contains the following details: First Name: Hopkins, Last Name: Demo, Address: MD, Gender: (blank), Age: 39, and Employer: Johns Hopkins. The middle section is titled 'MY TRACKERS' (circled in red) and lists several health apps with 'Connect' buttons: My Trackers, AsthmaMD (with a 'Connect' button circled in red), Bewell Connect, and Fitbit.