

RACE THE GLOBE

An Exploration of Wildlife Around the World

A Healthy at Hopkins Movement Challenge

Get ready to team up with your colleagues to Race the Globe! Your daily movement helps your team travel around the globe to reveal awe-inspiring wildlife as you become more physically active together.

In this challenge, we put the “we” in well-being. Teams require a minimum of five and maximum of eight participants. No team member is left behind! Work together to reach milestones that unlock interesting wildlife facts.

Daily movement propels you along the map and helps you earn progress toward your daily physical activity goal.

Each milestone reveals actionable insights and tips that will support your commitment to a healthier, more physically active lifestyle.



Scan the QR code or visit the Healthy at Hopkins portal to register for Race the Globe!



Registration Opens: April 8

Challenge Dates: May 6-31

Join the Kickoff Walk: May 6 from noon-12:15
(Details can be found on the portal calendar, and you can join the virtual walk [here](#).)