

# Employee Symptom Diary

Employee Name:					
Date of Exposure:					
	<b>Post Exposure Day 1 Date:</b>	<b>Post Exposure Day 2 Date:</b>	<b>Post Exposure Day 3 Date:</b>	<b>Post Exposure Day 4 Date:</b>	<b>Post Exposure Day 5 Date:</b>
Temperature-am (°F)					
Temperature-pm (°F)					
<b>Record Symptoms- Check if present</b>					
cough					
runny nose					
nasal congestion					
sore throat					
sputum production					
sneezing					
shortness of breath					
chest pain					
sinus fullness/pain					
vomiting					
diarrhea					
loss of appetite					
muscle pain					
joint pain					
malaise					
headache					
confusion					
Other:					
Other:					
Other:					

- All personnel with respiratory symptoms **AND** fever greater than 100°F (38°C) must stay home. If they become ill at work they shall call or report to their supervisor **AND** shall call or report to Occupational Health Services (OHS) (7:30am to 4:00pm, Monday –Friday, 410-614-1620; all other times 410-955-5000 and ask for the OHS nurse on-call).
- Afebrile personnel who have respiratory symptoms must wear a mask during patient contact (≤6 feet).
- OHS must clear personnel for return to work after febrile respiratory illness.

An electronic version of this document can be found at  
[http://intranet.insidehopkinsmedicine.org/heic/infection\\_surveillance/respiratory\\_viruses.html](http://intranet.insidehopkinsmedicine.org/heic/infection_surveillance/respiratory_viruses.html)