



# The Johns Hopkins Health System

Community Benefit Report | FISCAL YEAR 2019



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Johns Hopkins mentors provide after-school tutoring and academic support.

# A Continuing Commitment to Our Community

Johns Hopkins Medicine is committed to improving the health and wellness of the residents in the neighborhoods we serve. We seek partners who share our values and mission to empower and educate our patients, staff, neighbors, and communities. As students, educators, physicians, and nurses, our continuing commitment to patient care and discovery is exemplified by our community initiatives. Embracing the diversity of leadership available in the community and recognizing the wealth of existing experience and value it brings, we commit to empowering individuals and strengthening partnerships through open dialogue and collaboration.

We understand that in each community we serve that there are distinctive challenges but also opportunities. At each of the health system's hospitals – The Johns Hopkins Hospital, Johns Hopkins Bayview Medical Center, Howard County General Hospital, Johns Hopkins Suburban in Montgomery County,

Sibley Memorial Hospital in Washington, D.C., and Johns Hopkins All Children's Hospital in St. Petersburg, Florida – we have developed meaningful partnerships that enhance our ability to improve the health and vitality of our neighbors and the communities we serve.

This report highlights a few of these partnerships and the accomplishments achieved through our collaborations.

At Johns Hopkins, we know that by supporting community institutions – congregations, schools, nonprofit organizations, and neighborhood centers – we reach those with the greatest needs. We are committed to strengthening connections through increased dialogue and collaboration to help strengthen our communities.

The Johns Hopkins Health System is committed to listening and learning from the communities we serve. With the insights gained from listening to our neighbors, we strive to bring innovation, research insights, and peerless health care professionals to improve community health in the neighborhoods we call home.



JOHNS HOPKINS

MEDICINE

JOHNS HOPKINS  
HEALTH SYSTEM

# Johns Hopkins Health System – Overview

Since its founding in 1889, Johns Hopkins has been committed to serving the residents in the communities where it operates. Over the years the health system has grown from its original home at the Johns Hopkins Hospital to include a network of six nonprofit hospitals operating in Maryland, Florida, and Washington D.C. This publication highlights a few of the FY 2019 community engagement programs included in the hospitals' annual community benefit reports.



The Johns Hopkins Health System Hospitals

## THE JOHNS HOPKINS HOSPITAL

1800 Orleans Street | Baltimore, Maryland 21287

Nationally recognized and internationally renowned, The Johns Hopkins Hospital serves as the principal teaching hospital for the Johns Hopkins University School of Medicine and is an unparalleled center for medical research. Future health professionals gain world-class knowledge and expertise working with global leaders in their fields. The campus has state-of-the-art technologies and facilities designed to accommodate patients of all ages and needs. The hospital delivers care beyond its East Baltimore campus through a network of outpatient centers and community health workers and operates over 300 programs designed to benefit local residents including health education and access to care for those in need.

## SIBLEY MEMORIAL HOSPITAL

5255 Loughboro Road | N.W. Washington, D.C. 20016

Sibley Memorial Hospital joined the Johns Hopkins Health System in 2010 and is now a 318 bed community hospital, with a newly constructed Emergency Department, expanded oncology units, the new Center for Babies and Families, and has dedicated rehabilitation facilities for specific patient needs. It is home to the Grand Oaks assisted living residence completed in 2000. With Johns Hopkins resources Sibley Memorial Hospital offers award winning care – picked by Bethesda Magazine’s readers as “Best Place to Have a Baby.” Sibley offers a variety of resources and classes designed to address the unique challenges of Washington D.C.’s diverse community.

## JOHNS HOPKINS

### BAYVIEW MEDICAL CENTER

4940 Eastern Avenue | Baltimore, Maryland 21224

Johns Hopkins Bayview Medical Center, a vibrant academic medical center, has been caring for the citizens of Baltimore for more than 240 years. The 130-acre medical campus is home to the Johns Hopkins Regional Burn Center, as well as several centers of excellence, including the Stroke Center, Memory and Alzheimer’s Treatment Center, hip and knee replacement program, Lung Cancer Program, and the Johns Hopkins Center for Bariatric Surgery, to name a few. Johns Hopkins Bayview continues to be an integral part of the neighborhood, and is dedicated to community involvement, including revitalization in East and Southeast Baltimore City and Baltimore County.

## HOWARD COUNTY GENERAL HOSPITAL

5755 Cedar Lane | Columbia, Maryland 21044

Howard County General Hospital (HCGH) is a 245-bed facility providing comprehensive services from emergency and surgery to specialized women’s and children’s care. In the past year Howard County General has provided care to over 200,000 patients and has been presented the Accessibility-Universal Design Award for its innovative design for people with disabilities. Actively engaged in the community, more than 300 volunteers contributed over 23,000 hours of service in Fiscal Year 2019. Howard County General provides a Community Care Team and proactively aims to educate residents about access to services, healthy aging, advanced care and more.

## SUBURBAN HOSPITAL

8600 Old Georgetown Road | Bethesda, Maryland 20814

Suburban Hospital is a community-based hospital serving Montgomery County. Suburban is distinguished by a cutting-edge stroke program, the designated regional trauma center (Level II) for Montgomery County, and centers of excellence in cardiac care, orthopedics, neurosciences and oncology. Suburban Hospital is affiliated with world-class institutions like the National Institutes of Health. The 228-bed facility is home to over 1,800 employees who provide knowledge and quality care to the surrounding communities. In March 2020, Suburban opened a 300,000-square-foot addition with state-of-the-art operating rooms, a patient and family resource center and more.

## JOHNS HOPKINS

### ALL CHILDREN’S HOSPITAL

501 6th Avenue South | St. Petersburg, Florida 33701

An academic medical campus, family-centered care and over 3,000 professionals dedicated to advancing child health make Johns Hopkins All Children’s Hospital (JHACH) a destination for advanced pediatric care in multiple specialties. JHACH was fully integrated into the Johns Hopkins Health System in 2011, expanding teaching, research, and pediatric health care. Exceptional patient care distinguishes the services at the hospital’s Cancer and Blood Disorders Institute, Heart Institute, Institute for Brain Protection Sciences, and Maternal, Fetal and Neonatal Institute. All Children’s offers many resources and programs to support the well-being of children and families in the communities it serves.



**\$276.4**  
Million in  
Community  
Benefit

Source: IRS Schedule H (Form 990)

## PEER RECOVERY SPECIALISTS

Peer Recovery Specialists (PRS) are utilized in the hospital and community settings to assist clients in finding appropriate resources for SUD treatment for long-term stability. They are an important compliment to clinical services. Their personal experience of addiction and recovery challenges provide the PRS with expertise that professional training cannot replicate. A PRS offers recent overdose survivors linkage to treatment services, naloxone training, and a consistent point of contact should someone wish to enter care.

“From my own journey,  
I know recovery is possible.”

- Patrice Brown

Since March 2019, Patrice Brown, a PRS with the Johns Hopkins Hospital has worked with nearly 100 patients so far. She says she has as many as 17 active cases at one time, mostly receiving treatment outside the hospital. As heroin cravings may recur periodically for several months following physical detox, at least three months of follow-up care with daily therapy is recommended to prepare the patient for life without drugs. Brown says getting support during this vulnerable period is a crucial element in most recovery success stories. “From my own journey, I know recovery is possible,” she says. “It has less to do with the substance and more to do with other issues that have caused the person to retreat and avoid real life.”

Brown says it’s important to really listen to her patients. She always asks them to tell her about their lives so that she can better understand their needs. “They have their own thoughts and ideas about what their help should look like,” Brown says. “Maybe they don’t like the structure of a particular recovery program, so I know I need to find them something that more aligns with their needs. They become more empowered and start to believe that they do have value.”

## DENTAL ACCESS PARTNERSHIP

An average of three community residents come to The Johns Hopkins hospital’s emergency department every day in need of immediate care for dental problems. In 2018, almost 1000 patients arrived needing help with non-life-threatening dental concerns.

Dental care has been a long time community need due to the lack of insurance coverage by most plans. In fact, East Baltimore residents listed dental services as one of their five highest health needs in the 2018 JHH Community Health Needs Assessment. In response, JHH entered into a new partnership with Chase Brexton Health Care in April, 2019.

**Brooks Woodward, DDS sees a young patient at Chase Brexton Health Care in Baltimore**  
Source: Chase Brexton Health Care





Peer recovery specialist Patrice Brown supports patients in the community.

Under the program, individuals who arrive at the Johns Hopkins Hospital Emergency Department with dental needs are referred to Chase Brexton within the next business day. There, they receive a comprehensive oral exam and an individualized treatment plan to address their immediate needs and establish a plan for ongoing dental care. To ensure they stay engaged in care, patients receive transportation to and from Chase Brexton, as well as financial assistance with any medications.

“This collaboration primarily helps a patient with an acute dental need get to the appropriate facility so they can receive definitive care instead of palliative care that they might be getting in the emergency department,” says Brooks Woodward, dental director at Chase Brexton. (Palliative care includes treating symptoms rather than the underlying issue.)

Chase Brexton Health Care, with 10 dental suites in their nearby Mount Vernon Center, is the ideal partner to help serve our East Baltimore neighbors. In addition to oral health services and treatment

plans, Chase Brexton provides medical and psychosocial support services; and provide patients with eligibility assessment and enrollment services for Medicaid, qualified health plans and Chase Brexton’s sliding discount fee schedule. Chase Brexton provides these services and others, for all patients, not just those coming from the ED.

### THE ACCESS PROGRAM (TAP)

In May 2019, The Access Partnership (TAP) celebrated its 10th anniversary of providing primary and specialty care for uninsured and underinsured patients residing in the East Baltimore community. The program population is 95% Latinx, nearly all of whom are immigrants. They have come to the United States because of economic hardship in their countries of origin, leaving behind parents, children and friends. Here in the US, they face continued economic hardship and discrimination due to their ethnicity and lack of legal status.

## The Access Partnership statistics

**7,411**

Number of patients since 2009

**15,636**

Number of referrals completed since 2009

**1,099**

Number of patients currently enrolled



Percentage of TAP patients that are Hispanic/Latino



Percentage of TAP patients that are aged 19-50

### Top 5 specialties seeing TAP patients

-  **Radiology**
-  **Ophthalmology**
-  **Cardiology**
-  **Physical Therapy**
-  **Gynecology**

TAP information as of May 2019



**JOHNS HOPKINS**  
M E D I C I N E

JOHNS HOPKINS  
BAYVIEW MEDICAL CENTER



**\$85.9**  
Million in  
Community  
Benefit

Source: IRS Schedule H (Form 990)

## COMMUNITY HEALTH WORKERS AT JOHNS HOPKINS BAYVIEW

Under the Baltimore Population Health Workforce Collaborative, Johns Hopkins Bayview has recruited and hired over 20 individuals from our community as community health workers and peer recovery specialists. Community health workers are from the community they serve, have shared life experiences and shared language. They are often able to break through and engage with patients in ways that other healthcare providers often cannot, thereby reducing separation and enhancing the connection on the path of wellness. Both groups have proven to be effective in helping to connect patients with resources, boasting almost 9,000 referrals and linkages to support in the community. They have been fully embedded in Johns Hopkins patient care, often partnering with patients to address social barriers, recovery needs, and provide ongoing advocacy – all keys to reducing disparities in the social determinants of health.

Johns Hopkins Bayview community health workers have participated in the job readiness training program called TurnAround Tuesday, led by Terrell Williams and Melvin Wilson and sponsored by collaborative partner Baltimore United in Leadership Development (BUILD). During training, participants learn new skills such as job interviewing, how to manage interpersonal work relationships, leadership development, conflict resolution, and “telling your public story.” Community health workers have shared their own stories of empowerment and growth.



**The reliable legion of Johns Hopkins community health workers**



## ESPERANZA CENTER'S TRIUMPH IN COMMUNITY HEALTH CARE

When the Esperanza Center, a nonprofit organization run by Catholic Charities, shut down for several weeks in September 2018 after a four-alarm fire from a nearby store caused damage to its building, Johns Hopkins jumped in to help with equipment needed to set up a new clinic location and provided appointments to patients during the disruption. The Esperanza Center provides essential services to the immigrant community of Baltimore serving 11,500 immigrants in Baltimore each year.

**Esperanza Center staff**



Services offered includes legal assistance, educational courses for non-English speakers, citizenship classes, translation and documentation services, family reunification programs, support for human trafficking victims, as well as a primary care clinic.

Currently serving patients at the Assisi House at St. Patrick's Church, the clinic serves about 400 patients per month and is a primary location where the Johns Hopkins Bayview Emergency Department refers uninsured patients who need follow-up. Additionally, the Esperanza Center has the second highest number of referrals to The Access Partnership, which is an access-to-care program at Johns Hopkins providing comprehensive consultative and diagnostic care to uninsurable residents of East Baltimore who earn less than 200% of poverty. Now, instead of being able to access all of those resources under one roof, the people the center serves must go to one of four separate temporary locations in Baltimore to find help. Johns Hopkins has been collaborating with the Esperanza Center, providing medical leadership to the clinic for the past three years. Both Johns Hopkins Bayview and JHH provide financial support for a faculty member who works there part-time.

## COMMUNITY FOOD PANTRY

The *Community Food Pantry* is an emergency food source that has operated out of the JHBMC Community Relations department for over 30 years serving neighborhoods in southeast and east Baltimore City and County. The pantry provides a three-day supply of nutritious non-perishable food as reviewed by our nutrition department and recommended by the Maryland Food Bank. Clients visiting the JHBMC social work department present referrals from organizations that recommend the community food pantry. Clients may visit the food pantry two times in a 12-month period.

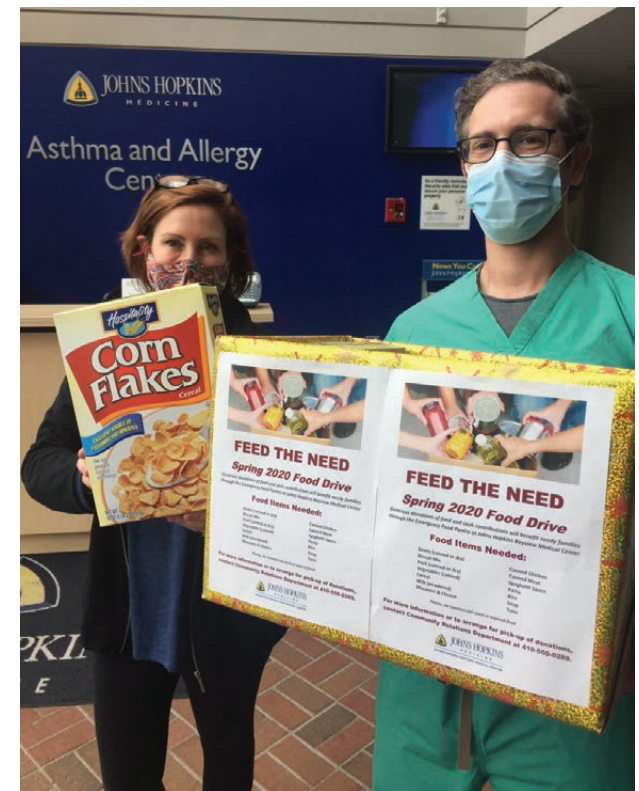
The pantry is self-sustaining and supported by cash and food donations. Regular food drives are the main vehicle through which Community Relations solicits non-perishable food and cash donations, while

“Food insecurity is on the rise in these times of economic insecurity. The Department of Social Work considers the food pantry to be an invaluable resource for our patients and their families as we work to connect them to longer term resources.”

- Kai Shea, Sr. Director of Care Management

educating JHBMC employees and community leaders about hunger in the neighborhoods that we serve. An average of 2 ½ tons or 5,000 pounds of food is distributed to the community each year aiding individuals and families in need of life sustaining nutrition.

The food pantry has been a staple of relief for patients in the JHBMC community for over 30 years. Food insecurity is on the rise in these times of economic insecurity. The Department of Social Work considers the food pantry to be an invaluable resource for our patients and their families as we work to connect them to longer term resources.



Dr. Panagis Galiatsatos and Tindy Henderson  
American Red Cross leader exhibiting  
Feed the Need Donation box



**\$27.2  
Million in  
Community  
Benefit**

Source: IRS Schedule H (Form 990)

## JOURNEY TO BETTER HEALTH

The Journey to Better Health (J2BH) program at Howard County General Hospital, through funding support from the Howard



**Soma Umeozulu, J2BH Volunteer**

County Health Department, works with Howard County faith-based organizations to advance the health of Howard County residents. Partnerships with faith communities have shown to influence health behavior changes, health care practices and health care planning, especially in high-risk populations. Members of partnered congregations participate in health screenings and attend evidence-based chronic disease self-management education

that support improved control of conditions such as diabetes and hypertension. Community Companions are faith community and lay volunteers that provide support through the Member Care Support Network (MCSN), which is free and available to Howard County residents. Trained to conduct home and hospital visits, volunteers provide companionship, connection to social resources, personalized support after a hospitalization or health crisis. J2BH currently works with 29 congregations and has 38 trained volunteers.



**J2BH team members screen patients for high blood pressure**

## ADVANCED CARE PLANNING

Naming a healthcare agent and having a plan for care preferences is important for all adults, and is especially vital for patients nearing the end of life when many care decisions are made. In Howard County, 67% of resident adults do not have an Advance Directive (AD) document and 65% do not have a document naming a healthcare proxy or agent. In order to address this gap and ensure that residents' healthcare wishes are captured, in January of 2018 HCGH hired an Advance Care Planning (ACP) Coordinator. The purpose of this position is to meet patients at the bedside, provide them with education,



**Karen Shelton, ACP Coordinator, discusses Advance Directives with patients.**

and assist with the creation and collection of advanced directives during hospitalization or post-discharge. The ACP coordinator also holds monthly office hours, which are open to the public and provide community members with the opportunity to learn more about Advance Directives, complete them and have them uploaded into HCGH's medical record system. In FY19 the ACP Coordinator engaged 2,087 patients and assisted 701 of those patients with completing their AD.

## BEHAVIORAL HEALTH

When surveyed, many Howard County residents have reported needing but not having access to behavioral health treatment. Due to the challenges in accessing behavioral health appointments in a timely manner, many residents in crisis come to the emergency department at HCGH for treatment. To improve access to behavioral health treatment in the community HCGH launched the Rapid Access Program. This program, in partnership with the Horizon Foundation, Way Station Inc., and other local collaborators, connects behavioral health patients presenting to the ED to appointments within 48 hours with a community mental health provider. These appointments offer extended evaluation, two medication management sessions with a nurse practitioner, and up to six psychotherapy sessions with a licensed therapist. In FY19, 222 patients enrolled in the program, and due in part to the intervention their rate of readmission to the hospital was 2.3%, less than one third of the rate from the prior year. In FY19, HCGH also launched the Behavioral Health Navigator program with funding from the Howard County government. These navigators offer assistance to

behavioral health patients and their families in the HCGH ED in connecting to community-based

treatment, services and resources, and referred 361 patients during FY19.

## COMMUNITY CARE TEAM

For anyone, but especially older adults, a hospital stay can be a stressful event. Often faced with multiple chronic conditions, limited mobility and social isolation, many older patients need additional help after a hospital stay. Enter the HCGH Community Care Team (CCT). CCT, a 2019 winner of the Daily Record Health Care Heroes award, provides community-based, patient-centered comprehensive support and coordination to patients and family caregivers for 30-90 days following a hospitalization or emergency department (ED) visit. Through frequent home visits and phone contacts, a multi-disciplinary team of nurses, a social worker and community health workers provide individualized attention and support while delivering services including health education, disease-specific management, medication reconciliation, connection to/coordination with other health care providers, care plan development and extensive social support/advocacy. CCT staff are knowledgeable about resources across Howard County and have developed strong partnerships with many community organizations, including the Howard County Health Department, the Howard County Office on Aging and Independence, and transportation programs like Neighbor Ride. Over the last 3 years, CCT has helped 941 patients connect to the right supports and reduce their chance of being re-hospitalized.



**HCGH's Community Care Team**



**Tomando Control de Su Salud Workshop led by J2BH at the Wilde Lake Interfaith Center.**



**\$28.3**  
Million in  
Community  
Benefit

Source: IRS Schedule H (Form 990)

**THE FUTURE OF MEDICINE:  
SUBURBAN HOSPITAL  
CONNECTS LOCAL HIGH  
SCHOOL STUDENTS TO  
EXPLORING CAREERS IN  
MEDICINE AND HEALTHCARE**

For more than 20 years, Suburban Hospital has partnered with the Boy Scouts of America to design a unique curriculum in **Medical Exploring**, a one-of-a-kind educational initiative for high school students seeking hands-on access to exploring careers in medicine. To date, over 1,400 local high school students have graduated from the program. Throughout the academic year, students have the opportunity to participate in up to 25 hands-on learning labs that replicate key functions of the hospital system, led by the region's top physicians, surgeons, and healthcare professionals. In addition to becoming familiar with areas of the hospital such as trauma, the operating room, and visiting the helipad, students also travel to many of the Washington area's premier research and pharmaceutical institutions, as well as medical museums. Students also volunteer for various community service projects that further connect their experience to how social determinants of health impact quality of life and well-being. Every year, students are elected to serve as program officers, enhancing their leadership and critical thinking skills.



**Practice makes perfect! Medical Exploring students experience hands-on training in suturing lead by hospital intensivist, Dr. Tet Wei Chan.**

"It was a pleasure and fun to provide knowledge to these young students. We can only hope that we inspired them to continue with their interest in the medical field," said Orbit Estrella, Senior Imaging Technologist from Suburban Hospital's Catheterization Lab.

**A SMOKE-FREE COMMUNITY**

While tobacco use has declined in recent decades, it remains the leading cause of preventable death, disability and disease in the United States. Fortunately, smokers can experience health benefits from quitting at any age. To help individuals find their path to a smoke-free life, Suburban Hospital health coaches lead the American Lung Association's *Freedom From Smoking* course at no charge.



**Addressing the vaping crisis, physician panelists from Suburban Hospital and Johns Hopkins Bayview discuss the dangers of smoking and vaping during a Facebook Live stream at Stone Ridge of the Sacred Heart.**

**Stone Ridge**  
School of the Sacred Heart

To increase participation and access, health coaches build relationships with collaborative community leaders to establish participant groups at various locations throughout Montgomery County including churches, doctor's offices and apartment buildings. During the past two years, Suburban has guided 120 individuals on a journey to a smoke-free lifestyle.

Strategically, classes were relocated from the hospital to more accessible locations in the community so barriers such as social isolation, transportation challenges and financial constraints did not prevent participation. "Our partners have been extraordinary in opening their hearts and doors, and tapping into their own resources and networks to make the programs successful," noted chief coach and project lead, Mary Hills.

In response to the growing trend of vaping among young adults, Suburban Hospital synchronized a live forum of local medical, and public health experts from the American Lung Association, Montgomery County Cancer Crusade and the Johns Hopkins Kimmel Cancer Center in collaboration with Stone Ridge School of the Sacred. Held at Stone Ridge in front of a live audience comprised of 125 students and school administrators from 8 area independent schools, it was livestreamed on Suburban's Facebook page. Panelists discussed the immediate effects and long-term consequences of smoking and vaping and shared prevention and cessation resources with student participants, as well as faculty and parents.



**Health Navigator, Mary Hills supports many of the county's most vulnerable residents on their journey towards a smoke-free lifestyle in partnership with Montgomery County Cancer Crusade and the American Lung Association.**

## RECIPE FOR REDUCING SOCIAL ISOLATION

Connected over two decades, Suburban Hospital and Washington Metropolitan Oasis provide older adults in Montgomery County with lifelong learning tools through health-specific initiatives that enable them to stay healthy, active, socially engaged and out of the hospital. Washington Metropolitan Oasis is a non-profit organization, locally sponsored by the Macy's Foundation and affiliated with the Oasis Institute headquartered in St. Louis, MO. Its mission is to promote healthy aging through lifelong learning, active lifestyles and volunteer engagement. Offering over 500 classes a year, Washington Metropolitan Oasis has empowered approximately 3,500 active members to remain engaged both mentally and physically while learning new skills and building their knowledge. Suburban Hospital supported 23 health initiatives that 1,064 OASIS members took advantage of in FY19, including Stop the Bleed, Fall Prevention Awareness Month, Widowed Person Social Gathering and health lectures from clinicians from Suburban Hospital and Johns Hopkins Community Physicians. For example, Stop-the-Bleed®, a free training program designed by the American College of Surgeons Committee on Trauma, gives older adults the kind of knowledge that is common to first responders. During the two-hour workshop, Suburban Hospital trauma team nurses guide participants with little or no medical training through proper application of tourniquets and the use of gauze packs for wound packing using their hands, dressings and tourniquets. "We know that staying young at heart and healthy requires a curiosity to keep learning, growing and engaging with others," Anna Stokes, Executive Director of Washington Metropolitan Oasis, states. "I hear from so many participants about how much Oasis means to their well-being and growth."



**Working to train people to STOP THE BLEED® in all walks of life to save lives. Suburban Hospital trauma nurses teach Washington Metropolitan Oasis members three quick actions to control serious bleeding.**



# SIBLEY MEMORIAL HOSPITAL

JOHNS HOPKINS MEDICINE



## \$23.3 Million in Community Benefit

Source: IRS Schedule H (Form 990)

### ENGAGING DC YOUTH – SIBLEY MEDICAL EXPLORERS

The health care industry is one of the fastest growing industries in the country. Sibley recognizes the growing demand for people prepared to fill these positions. To expose young people to future job opportunities, Sibley launched its Medical Explorers program in 2016. In FY19 alone, over 200 DC high school students from Wards 5, 7 and 8 learned first-hand about the medical field by meeting Sibley physicians, clinicians and administrators. Students attended panels with these professionals who discussed their fields and the wide range of career options within the broader health care industry. Since the program launch, Sibley employees and medical staff have both visited and hosted students from eight DC public schools and public charter schools – Anacostia, Coolidge, Dunbar, Woodson, Friendship Collegiate, BASIS, McKinley Tech and Wilson. Students hear predominantly from physicians of color, reflective of the student population participating in the program, as well as an opportunity



**Dr. Nadia Eltaki, from Sibley’s Emergency Department, addresses students on a day in the life as an emergency physician.**

to show students the diversity at Sibley and encourage underrepresented populations to explore the health care industry.

### EAST OF THE RIVER – WARD INFINITY

Ward Infinity is a community-focused initiative developed by Sibley Memorial Hospital to strengthen local health and wellness efforts in Wards 7 and 8 in the District of Columbia. As part of its second cohort of Community Health Innovators in Residence, residents from East of the River worked with Sibley employees and the Ward Infinity Advisory Council – a group of community and government



**Sibley’s 2019 Innovators in Residence**

leaders – to construct targeted, creative ideas to address health disparities in their neighborhoods. Eight residents participated as Innovators, each with projects addressing health issues in the community ranging from lack of access to fresh foods to improving housing options to using technology to improve health literacy. The second cohort concluded with a community Town Hall to showcase innovation programs developed by the Community Health Innovators in Residence. During the Town Hall, teams presented their solutions and engaged in a community discussion to help them transition from prototyping to project implementation. In support of the second cohort of Ward Infinity, Sibley made a \$330,000 investment and provided 400 hours of technical assistance and coaching for teams, 800 hours of dedicated staff support, \$124,000 in direct funds to Innovators in Residence, and year-round access to free incubator space in Ward 8. On the heels of advancing its second cohort of Innovators in Residence through the Ward Infinity program, Sibley hosted program graduates and other early-stage entrepreneurs of color from Wards 7 and 8 to hear from an expert panel of startups, entrepreneurs and minority-owned businesses on key principles to drive entrepreneurial success.

## SERVING OUR SENIORS

Sibley has long been dedicated to offering opportunities for our older residents to remain engaged in their community. Serving over 8,000 individuals across the DC area, the Sibley Senior Association (SSA) is a great resource for adults age 50 or older and offers health education and support groups, among other benefits.



**Arnold Bakker, Ph.D., speaks to caregivers about different forms of dementia at the 4th Annual Journey to Hope – DC conference.**

spouses, partners and caregivers. Sibley grew Club Memory® membership by 37% this fiscal year and plans to continue to reach out to the nearly 8,000 other persons in DC and their care partners who are not currently being served.

This year, the Sibley Senior Association hosted the 4th Annual Journey to Hope DC conference, with more than 150 persons in attendance. This free all-day conference was for care partners of individuals who suffer from Alzheimer's disease and related dementia (ADRD). The event featured nationally known expert speakers on topics most relevant to care partners and an expo featuring ADRD-related resources from the metro DC area.

Groups were held to educate and encourage older adults to use evidence-based practices in meditation to assist them in coping with high blood pressure, anxiety or chronic pain. In addition, SSA exercise programs assist older adults in maintaining an active lifestyle and are available to members of varying abilities.



**23 staff members from Sibley and Grand Oaks participated in the Walk to End Alzheimer's. 12 members of Sibley's Club Memory® program walked as well. The team raised more than \$3,300.**



**JOHNS HOPKINS**  
M E D I C I N E

JOHNS HOPKINS  
ALL CHILDREN'S HOSPITAL



**\$47.6**  
Million in  
Community  
Benefit

Source: IRS Schedule H (Form 990)

### KOHL'S CARES / FIT4ALLKIDS

Partnering with the YMCA, Kohl's Cares, local non-profits, area schools and city municipalities since 2005, JHACH created Fit4AllKids, which promotes a holistic family-centered approach to educating participants in making healthy choices including early intervention, preparing healthy meals, and basic nutrition and fitness. With support from Kohl's Cares, Fit4Allkids is expanding efforts to take on obesity in teens. Programming includes: Fit4Allteens community-based weight management classes, community culinary classes, Healthcare provider trainings and resources, as well as, school-based wellness and food insecurity programming. In fiscal year 2019, Kohl's Cares has provided direct benefits to over 6,700 children and over 2 million indirectly, via web or virtual means. Food insecurity is a top community concern, in FY19, JHACH partnering with Feeding Tampa Bay, hosted and supported three mobile food pantries, serving over 2,400 people, as well as, sponsored a high school-based pantry that served 1,165 students and family members throughout the school year.

### HEALTHY START PROGRAM

Healthy Start strives to address a gap in systems of maternal and child health services that is directly linked to health disparities in infant mortality, preconception, care between pregnancies and family interactions or relationships. The program identifies and pursues community-based approaches in an effort to reduce infant mortality, we work individually with women and families to focus on their specific needs, and connect them with the culturally competent, family-centered and comprehensive health and social services they need to improve their health and well-being. As the first program to focus attention on fathers, we have become a leader in connect fathers with their families. In 2019, JHACH received a new 5-year grant award from Health Resources & Service Administration to lead the national efforts in reducing disparities in maternal and infant health in select Pinellas County zip codes. Healthy Start also works closely with the community through their Community Action Network to engage, inform, and address social determinates of health related to poor birth outcomes. In

**The Healthy Start Grant program included a new father's involvement portion so to honor men, we crafted our annual calendar with dads!**



**Mobile food distributions at Campbell Park Elementary.**



**Lakewood High School's student food pantry storage, ready for students to take home extra groceries for the weekend.**



**JHACH exercise physiologist performs fitness testing on Fit4Allteens participant.**





fiscal year 2019, Healthy Start had the honor of serving over 200 cased managed families, with infant's 0-18 months and over 600 community children and families. This new grant cycle allows for inclusion of father-focused services for men, and community programs open to everyone.

### SAFE KIDS FLORIDA SUNCOAST

Johns Hopkins All Children's Hospital sponsors, partners, and leads health and safety programs designed for students and families. As an affiliate of Safe Kids Worldwide, a Washington D.C. based nonprofit, Safe Kids Florida Suncoast Coalition has

continued to prevent and reduce unintentional injuries of children. The Suncoast Safe Kids Coalition serves five counties in the greater Tampa Bay region. Under the coalition Johns Hopkins All Children's health professionals work with businesses, civic

groups, schools and local officials to educate the public on the safety of children in vehicles, water safety, poison and medication, safety for outside play, toy safety, walking and bicycling, and guidance on firearms safety in the home. In fiscal year 2019, Safe Kids was awarded the Buckle Up for Life Grant, which helped to provide 1069 child safety seats for families in our community, including education and proper installation demonstrations. As whole, almost 41673 children were reached with safety information.



**Johns Hopkins All Children's car seat technicians guide a community parent with proper install of her child safety seat.**

### SAFE ROUTES TO SCHOOL IN FLORIDA

Johns Hopkins All Children's is the lead agency for the Safe Routes to School program. This school-based injury prevention program is funded statewide by the Florida Department of Transportation. Locally, the JHACH Safe Routes team offers programming in 15 counties and compliments the

bicycle and pedestrian safety programs of Safe Kids. In fiscal year 2019, Safe Routes reached more than 100,000 students, community members and educators in Florida, through student lessons, train the trainer sessions, and events with local schools, law enforcement, fire departments, and local government on proper biking and pedestrian conduct. Providing these important injury prevention techniques gives children the opportunity to learn lifelong safety life skills. Bike rodeos provide a fun and safe environment to practice bicycle skills, so that children can gain confidence and experience while learning about the laws of the road. Many traffic safety skills courses are held at schools or community events, in fiscal year 2019, Safe Routes educated on proper fitting and use of helmets and distributed over 5,100 helmets to children in our community.

### SUMMER BREAKSPOT (SUMMER FOOD SERVICE PROGRAM)

Johns Hopkins All Children's Hospital is so proud to be the first children's hospital, in Florida, to offer this special program to our community.

Summer BreakSpot helps us to address food insecurity when school is out, for community children. More than 2,250 children 0-18 years old received a free hot, well-rounded breakfast and/or lunch through the eight week Summer



**Johns Hopkins All Children's SummerBreak Spot program staff, food service workers and student volunteer, getting ready for a busy lunch time rush!**

BreakSpot program, out of our main cafeteria. This program is federally funded by the U.S. Department of Agriculture (USDA), and in Florida, is administered by the Florida Department of Agriculture and Consumer Services. Utilizing our Student Summer Volunteer Program and food service workers, the program was a huge success in summer 2019!

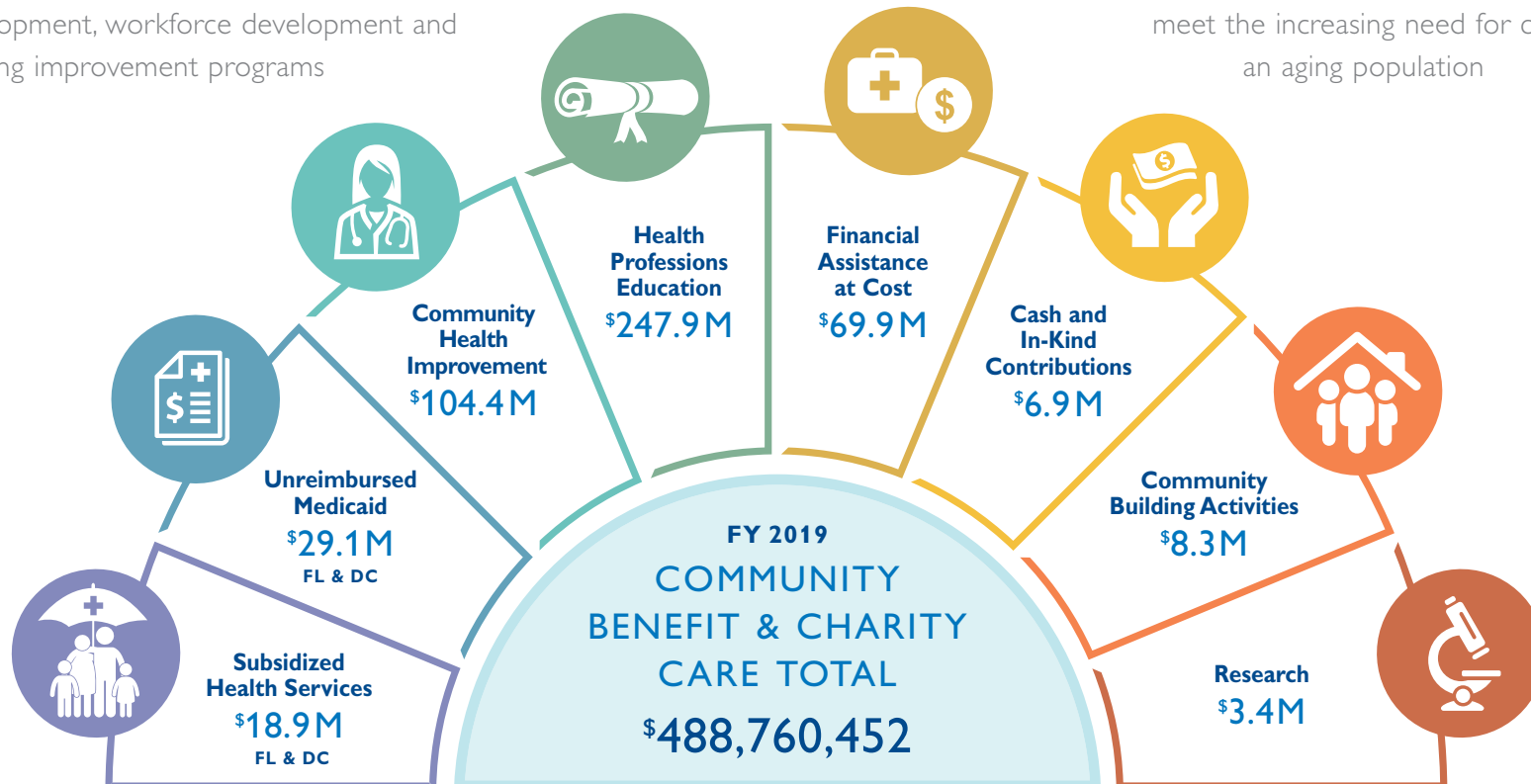
# Fiscal Year 2019 Community Benefit Activities Summary

The Johns Hopkins Health System hospitals are committed to improving the health and wellness of the residents in our communities.

In Fiscal Year 2019, the Johns Hopkins Health System hospitals spent nearly \$489 million on activities to strengthen its communities, build strong partnerships and improve the health and wellness of the residents they serve.

Examples of activities which benefit the communities include:

- Direct health services, outreach and education programs including screenings, free clinics, support groups, mobile units etc.
- Contributions to local community organizations to support community outreach work
- Community building activities such as economic development, workforce development and housing improvement programs
- The cost of free or reduced cost “charity care” provided to uninsured and underinsured low-income patients
- Unreimbursed costs for providing community-based services
- Education of health professionals – for example, clinical training of the next generation of health professionals to meet the increasing need for care of an aging population



Source: JHHS Hospitals' IRS Schedule H (Form 990)



For more information about this report or the Community Benefit Activities of the Johns Hopkins Health System please contact:

The Johns Hopkins Hospital  
Government and Community Affairs | 443-997-5999

Johns Hopkins Bayview Medical Center  
Community Relations | 410-550-0289

Howard County General Hospital  
Community Education | 410-740-7601

Suburban Hospital  
Community Health and Wellness | 301-896-3572

Sibley Memorial Hospital  
Sibley Senior Association and Community Health | 202-364-7602

Johns Hopkins All Children's Hospital  
Community Relations | 727-767-2328

FY 2019 JHHS Community Benefit Brochure produced by  
Johns Hopkins Government and Community Affairs  
<http://web.jhu.edu/administration/gca/>



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